

HEALING ENERGY

A Place to Heal and Find Soulful Solutions



REIKI HEALING ◊ INTUITIVE HOLISTIC COUNSELLING

Invigorate your Spirit with Stress Releasing and Healing Effects of the “Hands on Position” of Reiki. Healing Energy of Reiki enables the Recharge, Realignment and Rebalancing of one’s personal energy field.

Tania Arreaga is a Certified Usui Tibetan Reiki Advance Practitioner, providing Reiki healing sessions and holistic counselling from the comfort of her home. Reiki energy opens and balances the flow of life force energy (Ki) which accelerates the natural healing process, increases the effectiveness of the immune system and gently works on the whole person to balance energy in the body, mind, and spirit, and thus, boosts the body's own innate healing abilities. Tania also uses her keen intuitive abilities to enable healing of blockages from daily life experiences and assisting you to find solutions so you can start to live your life.

Currently Offering: (Evenings/Weekends)

45 minute sessions	\$45.00
60 minute sessions.....	\$60.00
60 minute Holistic Counselling.....	\$60.00

**Tania Arreaga, B.A. (Hon.) Law
Facilitator, Hollistic Counselling**

Certified Usui Tibetan Reiki Advanced Practitioner (Energy Healing), Intuitive

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Conveniently located in the Trailwest Community of South Kanata—By Appointment